



OSHA 30 Hour Agenda

Required

- Intro to OSHA
- Managing Safety and Health Programs
- OSHA Focus Four (Falls, Electrocution, Struck by, Caught-in or between)
- Personal Protective Equipment
- Health Hazards in Construction
- Stairways and Ladders

Elective

- Cranes, Derricks, Hoists, Elevators, Conveyors
- Concrete and Masonry Construction
- Confined Space Entry
- Ergonomics
- Fire Protection and Prevention
- Motor Vehicles, Mechanized Equipment and Marine Operations, Rollover Protection Structures and overhead Protection and Signs, Signals, Barricades
- Powered Industrial Truck
- Safety and Health Programs
- Steel Erection
- Welding and Cutting
- Foundations of Safety Leadership
- Excavations
- Material Handling, Storage, Use and Disposal
- Scaffolds
- Tools – Hand and Power

Optional

- Hazard Communication, Safety Data Sheets, Globally Harmonized system
- Respirable Crystalline Silica