



BAILEY SAFETY

Basic Fall Protection

Topics covered

- ◇ Inspection of equipment
- ◇ Proper donning of harness and its important
 - ◇ Awareness of the different types of harness, lanyards and anchor points and what their different uses are
 - ◇ Improper snap hook connections
 - ◇ The dangers of using any fall arrest equipment improperly
 - ◇ Important of reading the weight limitations and other information on equipment labels
 - ◇ Awareness of the amount of force and serious harm that is transferred to the body when equipment is improperly used.
- ◇ What an impact indicator is and areas to look for it
- ◇ Examples of unique anchor points available
- ◇ The need for a rescue plan prior to using fall arrest equipment
- ◇ Engineered and improvised anchor points
 - ◇ Fall clearance
 - ◇ Swing fall hazards

Approximately 1.5 hours